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REQUEST FOR CARDIOLOGY SERVICES

Date: _____ Requested by Dr. _____

Patient Name: _____

DOB: _____ Telephone Number: _____

Insurance: _____
(If precerting please use our corporate name Taj Medical Inc)

Diagnosis: _____

Previous Testing Done: _____

Appointment Date: _____ Time: _____

GENERAL	STRESS TESTING	ECHOCARDIOGRAPHY
<input type="checkbox"/> Cardiac Consultation	A) Nuclear	<input type="checkbox"/> Echocardiogram
<input type="checkbox"/> Pre-operative Clearance	<input type="checkbox"/> Treadmill	<input type="checkbox"/> Transesophageal Echo
<input type="checkbox"/> Blood Pressure Monitor (24 hours)	<input type="checkbox"/> Lexiscan	VASCULAR
<input type="checkbox"/> ECG	B) Stress Echo	<input type="checkbox"/> Carotid Doppler
<input type="checkbox"/> Holter Monitor (24 Hours)	<input type="checkbox"/> Treadmill	<input type="checkbox"/> Peripheral Arterial Study (ABI/PVR for claudication)
<input type="checkbox"/> Holter Monitor (48 Hours)	<input type="checkbox"/> Dobutamine	<input type="checkbox"/> Lower Extremity Venous Duplex
<input type="checkbox"/> Event Monitor (7 to 30 days)	C) Treadmill ECG	<input type="checkbox"/> Abdominal Aortic Ultrasound
<input type="checkbox"/> Tilt Table		SPECIAL
		<input type="checkbox"/> MUGA (Saturdays only)

Saturday testing available for Nuclear Stress Testing, Echocardiography, and Carotid

FAX COMPLETED FORM TO 937-398-0358

Ordering Physician Signature

(Patient Instructions on Back)

NUCLEAR STRESS TEST PREPARATION

1. What to expect from a Stress Nuclear test:

- This test will take approximately 2-3 hours to complete in the morning and may have to return for a 30 minute image in the afternoon (the time to be determined by the Nuclear Technologist).
- The test will help your doctor determine if there are areas of your heart which do not receive enough blood supply due to coronary artery disease.
 - An IV will be started for injection of the radioactive isotope.
 - During the stress portion of the test, you will be asked to walk on a treadmill or be infused with medicine to simulate exercise.
 - A dual-head emission camera will take images of your heart.

2. Do not eat anything **4 hours** before test. Drink lots of water up until time of test unless otherwise instructed.

3. No smoking the day of the testing or use any form of nicotine products (including nicotine patches).

4. Avoid caffeine 24 hours prior to the test - Avoid aspirin products that contain caffeine: Anacin, Excedrin

6. Avoid Asthma medication, such as Theo-Dur and Theophylline, 12 hours prior to testing.

7. Do not take Beta blockers (24 hrs prior to test) such as:

Betapace (sotalol)	Normadyne (labetelol)	Coreg (carvedilol)	Sectral (acebutelol)
Corgard (nadolol)	Tenormin (Atenolol)	Inderal (propranolol)	Toprol XL (metoprolol)
Lopressor (metoprolol)	Trandate (labetelol)	Bystolic Nebivolol	

DO NOT WEAR **NITRO PATCH** 12 HOURS PRIOR TO TEST

- Medications held prior to testing, please bring with you to take after your morning testing is completed.

8. Diabetics:

- If you use insulin, check your sugar. You may eat a light breakfast and take half of your morning insulin. Once the stress portion of the test is finished, we will give you crackers and juice. Bring your insulin with you to take after the test.

9. Please do not allow anyone who is pregnant or children 12 years and younger to accompany you when having a nuclear stress test.

What to bring for your stress test:

- Insurance card, current list of all medications, and comfortable clothing and shoes.

If you are unable to keep this appointment, please notify us 24 hours prior to your appointment.

